

March 2017



The JetHawks Journal

The Official Newsletter of the Flight Crew Booster Club

Words From the Chair

If you have not volunteered to help the JetHawks with their youth baseball program, please try to find time to help a worthy cause (contact the JetHawk's office to lend a hand). You are needed on six afternoons to help these kids enjoy a little baseball.

The following is from the current issue of Baseball America and I only used a portion of the complete article.

"Pitch counts arrive for prep arms - Benefits for all baseball players

It was just two years ago that Major League Baseball and USA Baseball announced the Pitch Smart program that brought together some of the nation's top sports medicine practitioners to put together recommendations to try to keep young pitchers healthy. Among Pitch Smart's recommendations was a list of workload recommendations by age, all of which revolve around pitch counts.

As late as 2014, pitchers could spend the majority of their amateur careers on teams that did not adhere to pitch limits.

Little League, Dixie Baseball, and the National Amateur Baseball Foundation are among the youth leagues that are Pitch Smart compliant. On the showcase circuit, Perfect Game, East Coast Pro Showcase and Baseball Factory are on board. Now, high schools- and in many states, junior highs- have installed pitch limits as well. So has American Legion ball. At the college level, some of the top summer leagues, including the Cape Code League, are Pitch Smart compliant.

The biggest remaining holdout is college baseball, where the NCAA seems unlikely to adopt pitch limits anytime soon."

The article noted that a 17 year old player a few years ago threw 293 pitches over three games in four days. This player has had Tommy John surgery. The National High School Federation mandated that each state adopt some sort of pitch limits for the 2017 season. Only Massachusetts, which does not follow NHSF rules for baseball, has avoided adopting a pitch limit. In Pro Baseball there are no rules restricting pitch counts, but professional teams have to look out for the players because of the investment the team has made in the player (time and money). Most professional teams have internal guide lines for managers and coaches. We can only hope that all baseball organizations will adopt a pitch limit in the very near future to protect these players for injury.

FLIGHT CREW BOOSTER CLUB

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Have you visited the Booster Club website or the FaceBook page lately?

www.jethawksboosterclub.com

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CALENDAR OF EVENTS

Board meetings- at Primo Cafe
4/1, 5/6, 6/3, 7/1

General Membership Meetings
3/16, 4/13, 5/18, 6/15, 7/13

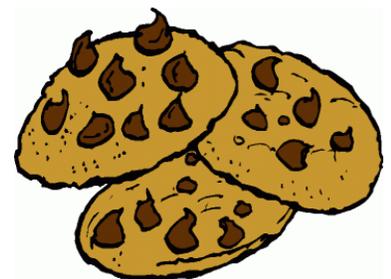
Shakey's Fundraiser
April 26 5-8PM

McDonalds Fundraiser (Avenue K)
March 22 4-7PM

JetHawks Opening Day
April 6th, 2017 vs Visalia

Banquet AV Country Club
August 21, 2017

ATTENTION COOKIE BAKERS
Cookies to welcome the players to Lancaster will be boxed up on Sunday, April 2nd at 12 noon. Please bring 2-3 dozen cookies to the stadium or call a board member for pick up.





Colorado Rockies Information- Peter Lambert had an eye-opening first season last year at low Class-A Asheville. The 19 year old right hander allowed two or fewer earned runs in 18 of 26 starts while going 5-8, with a 3.96 ERA. Lambert was a second round pick out of San Dimas (Calif) High school.

If you look at the roster on the JetHawks website you will see last year's Colorado Rockies Modesto team. We can assume that some of these players will be in Lancaster to start the 2017 season plus additions to fill in for players that advance to Hartford the AA Affiliate of the Colorado Rockies and other possible moves made by the Rockies during the off season.

Save The Date

Flight Crew Booster Club 20th Annual Player Appreciation Banquet
Monday August 21st
Antelope Valley Country Club
More info to come



This year, a new term is being used when discussing the world of baseball activities. I first heard it when the JetHawks (and the Fresno Grizzlies) began promoting their "Hot stove" banquets. And now that spring training games are being broadcast, the announcers have referred to the stations as the "hot stove" headquarters for the Houston Astros. So, what is hot stove? And what does it have to do with baseball?

According to Wikipedia...

Hot stove league is a **baseball**-related term referring to the sport's off-season. The phrase does not denote an actual league, but instead calls up images of **baseball** fans gathering around a **hot stove** during the cold winter months, discussing their favorite **baseball** teams and players.

Maybe we should call our general membership meetings "hot stove" meetings?

Sometimes opportunities arise at the most unexpected times. Dave & Judy Hopps were at an event and asked what they thought of a "beanie" with the FCBC logo as a player gift for the banquet. Dave & Judy thought it was a great idea but why wait to give the players a winter hat in the summer and after discussion it was agreed that it would be a great arrival gift. During the discussion they said why only for the team, why not for the membership also. Dave presented the "beanie" to the Board of Directors and then to the membership at the February meeting - the proposal was approved which brings us to today. The black "beanies" pictured will be given to the players on arrival and are also available for purchase by FCBC members at \$10 each. They are available in Black or Purple. For purchasing information contact Dave at (661) 860-0312 or Judy at redbarn-critters@gmail.com. Modeling the "beanies" are the Andy Wilson family and Dave.



Contact Rich Adam to volunteer at the McDonalds Fundraiser this month. Help is needed!

PLAYER SUPPORT

I'm off to spring training with the Tomans. I hope to meet some of our incoming players while there. Very excited for this trip. I've been to ST in Kissimmee and Fall Ball in Phoenix, but this is my first spring training in Arizona.

I've been working on providing housing and really got my hopes up with a dormitory-type situation that I thought would be available and just perfect for our boys only to have those hopes dashed, turned down by the property managers. So, back to square one, researching apartments, scouring the area for rental houses with short leases.

I visited several service clubs hoping to enlist people to host players with not much success. But the word is out there and the need has been expressed, maybe for future places.

If any of you 1) want to host players 2) have friends who want to host players 3) know of possible housing in the area around the stadium, PLEASE contact me ASAP.

Let me clarify one thing: SPONSORING players is a privilege of Booster Club membership. But because there aren't enough host homes within the club, I have opened up HOSTING to people (with my clearance) outside the club.

Also, the regular situation with sponsoring players is in place. I'll have paper slips at the Meet n Greet for you to return to me with the name of the player you want to sponsor. No earlier arrangements will be recognized.

Cookie day is coming up. Let's have those HOMEMADE cookies ready to welcome our new boys along with the warm gloves, beanies, and dental bags.

If you have any questions, feel free to contact me.

Judy Lester

txjudyinca@yahoo.com

661-860-7828

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These replica Colorado Rockies designed jerseys will be auctioned off on Friday, April 28th by the Booster Club. The players will wear them while playing that night against the Rancho Cucamonga Quakes and then sign them after the game.

